

Confidential Help for Faculty

- [CARS: Counseling, Assistance and Referral Service](#) - Available to all HSC employees and faculty at 505-272-6868
- [Employee Assistance Program \(for VA faculty\)](#)
- [Peer-to-Peer Support](#)-**Contact us 24/7 via Tiger Connect**
Under "Roles" we are Peer-to-Peer Support Service or email us at OPW@salud.unm.edu
- Psychiatry & Psychology Faculty Clinic, 2400 Tucker Ave. NE, 4th Floor (Family & Community Medicine building); 505-272-6130.

[UNM Office of Professional Wellbeing Website](#)

Once there, other resources for faculty can be found by clicking on FACULTY in left margin.

For Those in Crisis

- [Agora Crisis Center](#): 505-277-3013 or 866-HELP-1-NM
- [National Suicide Prevention Lifeline](#): 1-800-273-8255 and crisis text line at 741-741
- [New Mexico Crisis and Access Line](#): 1-855-662-7474
- [Rape Crisis Center of Central New Mexico](#) - 24-Hour Hotline: 505-266-7711
- [UNM Psychiatric Center](#): 505-272-2920