

Patient Instructions for Your Surgery or Procedure

During the Coronavirus outbreak, it is important to your health and safety to avoid Coronavirus infection **before and after** your surgery or procedure

Keeping You Safe Before Your Surgery or Procedure

Leaving home and coming to a hospital or ambulatory surgery center (ASC) carries a very small risk of getting sick from Coronavirus, also called COVID-19. To keep you as safe as possible, **we need your help!**

You must have a COVID-19 test 2 days before your procedure. The test will tell if you do or do not have the virus **at the time the test was given.** If you do have the virus, your procedure will be postponed. If you do not have the virus, **you will still need to make sure you do not catch the virus in the next two days.**

After you get your test, please self-quarantine by keeping a strict 6 feet distance between you and everyone else, including household members, from the time of your coronavirus test until you arrive for your procedure. Wear a mask on your way to the hospital or surgery center.



Keeping You Safe After Your Surgery or Procedure

An infection of COVID-19 after a surgery or procedure can lead to serious risks to your health. **We need your help!**

Please follow the COVID-19 prevention measures below for at least the first 2 weeks after your procedure. Caregivers, house members, and those who come in near contact with you should do the same.

- Keep a social distance of at least 6 feet between you and others.
- **Do not** visit with other people except as necessary (for example, seeing your surgeon or physical therapist).
- Avoid **any** close contact with people who are sick with symptoms like cough, fever, body aches, shortness of breath or complete body tiredness.
- Wash hands or use hand sanitizer for at least 20 seconds each time. This is especially important:
 - before and after eating
 - before or after touching the face or nose
 - putting on and taking off face masks or coverings
 - after necessary touching (like patient medical care or changing surgical dressings)
- Clean high-use places regularly and often. Examples are counters, doorknobs, drawer, cupboard, bathrooms and refrigerator handles. Use soap, bleach, or anti-germ cleansers.
- Wear a face mask or cloth covering nose and mouth when outside your home at all times.

