

## Labor and Delivery COVID-19 testing procedures (updated 7-9-2020)

### Testing Procedures

	Type of Swab	PPE for swab collector/providers/staff caring for patient	Notes
COVID screen negative with <u>no known COVID exposure</u> with scheduled procedure/admission (cesarean section, induction-of-labor, cerclage, D&C/D&E, external cephalic version)	Nasal Swab	Standard PPE	<ul style="list-style-type: none"> <li>Test should be performed 24-48 hours prior to scheduled admission time                             <ul style="list-style-type: none"> <li>Patients can be tested at the Encino TriCore Lab Mon-Fri 0800-1700, or Monday, Wednesday and Friday from 7 a.m. to 11 a.m. in the Ambulatory COVID-19 Testing Center (tent outside BBRP north entrance)</li> </ul> </li> <li>Provider should discuss options for testing and counsel patient to self-isolate after the swab is obtained to reduce risk of new exposure</li> <li>If test results positive, patient will be admitted to COVID-OB</li> <li>Care will not be delayed or changed if patient unable to obtain pre-admission swab and follow testing guidelines at time of admission</li> </ul>
COVID screen negative and <u>no high-risk exposure</u> admitted to L&D for any reason	NP Swab	COVID PPE	<ul style="list-style-type: none"> <li>Admit to standard service</li> </ul>
COVID screen negative and <u>no high-risk exposure</u> admitted to WSC or MBU for any reason	Nasal Swab	Standard PPE	<ul style="list-style-type: none"> <li>Admit to standard service</li> </ul>
COVID screen positive and/or <u>high-risk exposure*</u> with <u>high-risk for delivery</u> in next 12 hours admitted to L&D <u>or</u> with possible maternal ICU admission <u>or</u> possible neonatal ICU admission	Rapid NP Swab	COVID PPE	<ul style="list-style-type: none"> <li>Admit to COVID-OB</li> <li>Counsel patient on options for separation of newborn at delivery</li> </ul>

\*High-risk Exposure=close contact with known COVID+ person

## Labor and Delivery COVID-19 testing procedures (updated 7-9-2020)

<p><b>COVID screen positive and/or high-risk exposure* with <u>low risk of delivery</u> in next 12 hours or postpartum and admitted to L&amp;D or MBU or evaluated in OB triage with plan to discharge home</b></p>	<p>NP Swab</p>	<p>COVID PPE</p>	<p>If admitted:</p> <ul style="list-style-type: none"> <li>• Admit to COVID-OB</li> <li>• Counsel patient on options for separation of newborn at delivery</li> </ul> <p>If discharged home:</p> <ul style="list-style-type: none"> <li>• Send powerchart message to COVID MFM fellow for follow-up</li> <li>• Counsel patient to self-isolate until results return</li> </ul>
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### Definitions:

- **Standard Surgical PPE:** Surgical mask, eye protection, fluid resistant gown, sterile gloves, bouffant head cover, hospital-issued scrubs
- **Standard Delivery PPE:** Standard procedure mask, eye protection, fluid resistant gown, sterile gloves, bouffant head cover, hospital-issued scrubs
- **COVID Surgical PPE:** N95, full face shield, fluid resistant gown, sterile gloves, bouffant head cover, hospital-issued scrubs
- **COVID PPE:** N95, eye protection, full face shield, yellow isolation gown, non-sterile gloves, bouffant head cover, hospital-issued scrubs
- **Contact + Droplet PPE:** Procedure mask, eye protection, bouffant, yellow gown, gloves, hospital-issued scrubs
- **Standard PPE:** Procedure mask, hospital-issued scrubs, non-sterile gloves (eye protection optional)
- **Standard OR PPE:** Procedure mask, non-sterile gloves, bouffant, hospital-issued scrubs (eye protection or gown optional)

### Notes:

- Eye protection includes one of the following: Full face shield, “Tidi” eye shield, or surgical mask with eye shield
- Wear procedure mask over N95 to extend use – per extended use/re-use guidelines
- For those who cannot use N95, see PAPR/CAPR/elastomeric mask guidance
- Whenever N95s are used in the OR or delivery room, limit the number of HCP in the room
  - In the delivery room, no more than 5 HCP in addition to the patient and visitor/doula
- *Standard precautions make use of common-sense practices and personal protective equipment use that protect healthcare providers from infection and prevent the spread of infection from patient to patient. These measures also include practicing excellent hand hygiene, appropriate PPE use if possible if exposure to infectious material anticipated, respiratory hygiene/cough etiquette, safe injection practices and handling of sharps, appropriate handling, cleaning, and disinfecting of the environment, laundry, etc.*

\*High-risk Exposure=close contact with known COVID+ person