

# THE UNIVERSITY OF NEW MEXICO HOSPITAL

## COVID-19 PERSONAL PROTECTIVE EQUIPMENT

### ■ Why We Wear Personal Protective Equipment (PPE)



#### 1. Contact Gowns

We wear contact gowns in a patient room, and then take them off before leaving, to limit how many germs leave the room on your clothes.



#### 2. Gloves

We wear regular gloves in the room and take them off before leaving to limit how many germs leave the room. We wear sterile gloves to protect the patient from germs. However, you do not need to wear a set of regular gloves under sterile gloves - please wash/sanitize your hands in between. Outside the room wear gloves if you are handling contaminated PPE and wash/sanitize your hands after doffing gloves. If you anticipate doing something where you will get dirty, you can double glove. When your outer gloves are dirty, remove them to prevent the spread of infections.



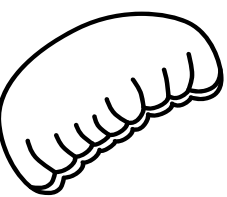
#### 3. N95 Mask

We wear an N95 mask in close proximity to COVID-19 patients who are generating aerosol particles to protect your respiratory system from the patient's germs. You don't need to wear it at other times.



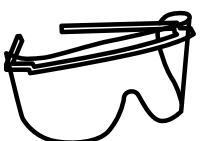
#### 4. Procedural Mask

We wear a procedural mask to protect ourselves and others from germ contamination in the patient's room and around the unit/hospital. When we wear a procedural mask over our N95, our procedural mask protects our N95 from the droplets of others. When used this way, we doff it each time we leave the room.



#### 5. Bouffant Cap

We wear a bouffant cap to remind us not to touch our head/hair and to provide some protection of our hair if droplets or aerosols occur.



#### 6. Eye Protection

We wear an eye shield in the room to protect mucous membranes from accidental splashes. It also reminds you not to accidentally touch close to your eyes. Personal glasses generally don't wrap all the way around and don't provide the same level of protection. Please wear additional eye protection on top of personal glasses.



#### 7. Full Face Shield

We wear a full face shield to add an EXTRA layer of protection during high risk aerosolizing procedures - this helps reduce the risk your eye shields will be contaminated, as well as reducing the risk your procedure mask and the N95 underneath will be contaminated.