

### **Community Resources**

Looking for help? This resource can help you find city-wide resources that continue to be open and ready to serve you. The information is listed in alphabetical order by topic. Use Ctrl + F to search for a resource.

### **Banking Services**

Ask your bank if they are waiving fees, extending payment deadlines or offering any other assistance for credit card, car, home loans or personal and small business loans. These businesses are:

- Wells Fargo
- Bank of America

#### **Childcare Resources**

The Health Sciences Center is collaborating with entities through Albuquerque to give health care providers and first responder's childcare. All will have their childcare fees, such as registration, enrollment, etc., waived during this pandemic. Tuition may be charged based on the childcare location you choose. Childcare options are available through:

- The City of Albuquerque Community Centers, Pre-Schools and Pre-K sites are free and do not charge fees. Call 505-767-5800 for enrollment opportunities. They can provide childcare services for ages 3 to 10.
- Children, Youth and Families Department by downloading this application (<a href="https://cyfd.org/docs/EPICS">https://cyfd.org/docs/EPICS</a> Child Care Assistance Application-English 04-26-19.pdf) and emailing it to CYFD-ECS-AtRisk@state.nm.us along with an employment photo ID.
- Early Childhood Education and Care Department by completing this form <a href="https://www.surveymonkey.com/r/cv-19-essential-personnel-childcare-needs-survey">https://www.surveymonkey.com/r/cv-19-essential-personnel-childcare-needs-survey</a>
- Kiddie Academy of North Albuquerque by calling 505-359-0000 and speaking to Lynn or Linda.
- HSC health professions students are available to babysit. Hourly rates may apply, but can be negotiated between the student and parent.

For questions about these resources, call Jessica Kelly at 505-235-6093 or contact her by email at JesKelly@salud.unm.edu.

### **Explore Attractions from Your Home**

Take an online tour of a local attraction, view online museum exhibits, attend a virtual gathering or explore educational opportunities at:

- <a href="https://www.visitalbuquerque.org/">https://www.visitalbuquerque.org/</a> Click on COVID-19 Updates link and select Takeout and Delivery Options
- Explore hundreds of digital resources like e-books, audiobooks, movies, music, magazines and television shows for free. Families with a valid Albuquerque and Bernalillo County Public Library card can access these services at abglibrary.org/home



#### **Food Assistance**

Albuquerque Public Schools is offering free school lunches for school-aged children from 11 a.m. to 1 p.m. on Mondays, Wednesdays and Fridays. Students, under the age of 18, will receive meals for two days. To find a location of these curbside pick-up meals, visit <a href="https://www.aps.edu">https://www.aps.edu</a> then click on Grab & Go link.

Residents over the age of 50 can pick up lunches to go from five Senior and Multigenerational Centers from 11:30 a.m. to 1 p.m. Monday through Friday. Call one of the listed centers to reserve and pick up your lunch:

- Barelas Senior Center at (505) 764-6436
- Los Volcanes Senior Center at (505) 836-8745
- Manzano Mesa Multigenerational Center at (505) 275-8731
- North Domingo Baca Multigenerational Center at (505) 764-6475
- North Valley Senior Center at (505) 761-4025

Seniors, over the age of 60, may be eligible to receive meals delivered to your home from Senior Affairs Department. Home bound seniors are given priority. Contact Seniors Affairs at 505-764-6400.

You can also visit these food pantries:

- The Storehouse at 106 Broadway Blvd SE, Albuquerque NM 87102, on Wednesday and Saturdays from 9 a.m. to noon. You can call them at 1-505-842-6491
- Roadrunner Food Bank has 3 distribution locations where individuals can receive food. Before going to any of these call Roadrunner Food Bank first at 505-349-5340 or 575-523-4390. Then you can pick up food from:
  - Legacy Church Parking Lot (7201 Central Ave NW) every Monday from 8 am to 10 am
  - o ABQ Bio Park Zoo (903 10th St. SW) every Tuesday from 8 am to 10 am
  - UNM South Parking Lot (1926 Avenida Cesar Chavez) every Friday from 8 am to 10 am
- Albuquerque Indian Center at 105 Texas St SE. You can call them at 505-268-1751



### **Housing Assistance**

Statewide evictions for not being able to pay rent have been temporarily stopped during the COVID-19 public health emergency.

The U.S. Department of Housing and Urban Development (HUD) suspends all foreclosure, new and those in process, and evictions for those with financial hardship due to the Coronavirus. This suspension began March 18 and last for 60 days.

If you need help paying rent or accessing social services, call one of the following centers:

- Alamosa Health & Social Service Center (505) 836-8800
- Los Griegos Health & Social Service Center (505) 761-4050
- John Marshall Health & Social Service Center (505) 848-1345
- East Central Health & Social Service Center (505) 767-5700
- For rental assistance in Vietnamese, contact the East Central Health and Social Service Center at 505-767-5700.

#### Internet Services

These companies are offering discounted or free Internet or phone services to those affected by COVID-19 or low-income families:

- Comcast
- Verizon

Xfinity WiFi and AT&T hotspots are available to anyone for free Internet service, including those who do not have an account with these companies. At hotspots, select the "xfinitywifi" or AT&T network name.

### **Looking to Support Local Albuquerque Businesses?**

Check out these websites to find out which businesses are open during the statewide stay-at-home order by the Governor. These lists show which restaurants are providing delivery, takeout or drive-thru services and businesses open for online shopping.

- http://iheartabg.com
- <a href="https://www.visitalbuquerque.org/">https://www.visitalbuquerque.org/</a> Click on COVID-19 Updates link and select Takeout and Delivery Options



### Resources for Domestic Violence, Abuse or Crisis Situations

National Domestic Violence Hotline: 1-800-799-SAFE (7233)

UNM Mental Health: 505-272-2800
Alcoholics Anonymous: 505-266-1900
AGORA NM Crisis Center: 505-277-3013
Domestic Violence Hotline: 1-800-773-3645

Sexual Assault Nurse Examiners: 505-883-8720

New Mexico Legal Aid: 505-633-6694 & www.newmexicolegalaid.org

Child Abuse Hotline: 505-841-6100

Elder Abuse Hotline: 1-866-654-3219 or (505) 476-4912
New Mexico Crisis and Access Line: 855-662-7474

New Mexico Rape Crisis Center: 505-266-7711

#### Tax Deadlines Extended

The IRS and New Mexico Tax and Revenue Departments extended the date to file taxes to July 15, 2020.

### **Utility Payment Relief**

These companies suspended disconnecting utility services over not paying your bill:

- New Mexico Gas Company
- PNM
- Water Utility Authority
- T-Mobile
- AT&T

For more information, call or visit their websites. When speaking to them, ask if they will waive late fees. Many of these companies are not charging customer's affected by COVID-19 fees for paying their bills late until further notice.



# IN THE BATTLE AGAINST CORONAVIRUS

# We are fighting for you. Here are ways you can fight for us.

The University of New Mexico Hospital (UNMH) and UNM Sandoval Regional Medical Center (SRMC) are grateful for donations to benefit the men and women who are working tirelessly to care for patients during the COVID-19 pandemic.

# Food Drop Offs

Meals and snacks are a real benefit for hospital providers and staff working long hours.

### **UNM HOSPITAL**

Food vendors may contact:

**Barbara Temer** 505.272.9053 btemer@salud.unm.edu

**Adam Romero** 505.272.2356 adbromero@salud.unm.edu

### **SRMC**

Food vendors may call 505.994.7400 and leave their contact information and the type of items to be donated.

Calls will be returned promptly.

# **Personal Protective** Equipment (PPE)

# **UNM HOSPITAL**

We are not currently accepting homemade PPE.

Businesses interested in donating manufactured items may contact InKindDonations@salud.unm.edu

### **SRMC**

Please call 505.994.7400 if you wish to donate PPE.

Leave your contact information and the type of items to be donated. Calls will be returned promptly.

# Online

The UNM Foundation has established funds to help lighten the financial burden incurred by our health care workers, hospitals and students.

**HEALTH SCIENCES STUDENT EMERGENCY** RELIEF FUND

MAIN CAMPUS STUDENT **EMERGENCY RELIEF FUND** 

**UNM HOSPITAL EMPLOYEE CRISIS RELIEF FUND** 

SRMC **EMPLOYEE CRISIS RELIEF FUND** 

LOBO FOOD **PANTRY** 

**UNM HOSPITAL CRISIS RELIEF FUND** 

SRMC CRISIS RELIEF FUND

GO TO **UNMFUND.ORG** 

# Miscellaneous

Frontline health care workers also benefit from other critical goods and services, such as childcare or lodging.

## **UNMH**

If you are interested in donating, please contact **InKindDonations** salud.unm.edu

### SRMC

Please call **505.994.7400** and leave your contact information and the type of items to be donated. Calls will be returned promptly.

**VISIT OUR WEBSITE** HSC.UNM.EDU/COVID-19

**FOLLOW US ON SOCIAL** 

