



Title: **Opioid Prescribing Practices SOP**

Guideline

PURPOSE:

In light of the multitude of data demonstrating significant opioid-related morbidity in the United States, and the knowledge that standardization of practices improves outcomes, the faculty of the Divisions of Family Planning, Urogynecology, and General Obstetrics and Gynecology have developed the following guidelines with regard to standardization of pharmacologic management of postoperative pain. Surprisingly, very few studies have sought to identify the optimal medications, dosages, and usage of medications for postoperative pain exist. One recent study (see attached) demonstrated a wide range of postoperative opioid prescriptions for the very common and relatively standard surgery of cesarean delivery. Strikingly, variation in numbers of tablets did not alter patient satisfaction or postoperative pain scores at 1 and 2 weeks, but did correlate with number of tablets consumed, and experience of opioid-related side effects. Taking the data into account, the below recommendations reflect general consensus among the faculty and ideally represent a balance between optimizing pain control and limiting opioid consumption. It is, of course, expected that faculty may recommend deviation from these guidelines based on individual patient and surgical characteristic

PROCEDURES:

OB/GYN Discharge Medications Guide

Surgical Procedure	Oxycodone 5mg q6 hr PRN (# of tabs)	Ibuprofen 600mg q6hr (# of tabs)	Tylenol 650mg q6hrs (# of tabs)	Colace 100mg BID PRN (# of tabs)	Alternative Regimen #1 (Tylenol #3 q4hrs: Acet 300mg, Codeine 30mg) based on data from: https://www.europeanreview.org/wp/wp-content/uploads/2129-2135.pdf (# of tabs)	Alternative Regimen #2 (Percocet 5/325 q6hrs : Oxy 5mg and Acet 325mg) based on data from: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4046166/ (# of tabs)
<i>*Morphine Equivalents* Dosages at or above 50 MME/day increase risks for overdose by at least 2X the risk at <20 MME/day</i>	7.5 for Oxycodone 5mg tablet				**Please also send a Rx for Ibuprofen and Colace** 4.5 for Tylenol #3 tablet	**Please also send a Rx for Ibuprofen and Colace** 7.5 for Percocet 5/325 tablet
Caesarean section	20	30	30	30	30	24
Colposcopy	0	30	30	0	0	0
Diagnostic Laparoscopy	5	30	30	20	5	5
Dilation and Curettage (D&C)	0	30	30	0	0	0
Endometrial Biopsy	0	30	30	0	0	0
Endometrial Ablation	0	30	30	0	0	0
Hysteroscopy	0	30	30	0	0	0
Laparoscopically Assisted Vaginal Hysterectomy (LAVH)	20	30	30	20	16	12
Laparoscopic Supracervical Hysterectomy (LSH)	20	30	30	20	16	12



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OB/GYN Discharge Medications Guide

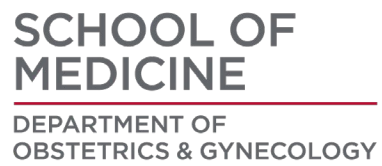
LEEP (Loop Electrosurgical Excision Procedure)	0	30	30	0	5	5
Abdominal Myomectomy	20	30	30	0	5	5
Laparoscopic Oophorectomy	5	30	30	0	5	5
Laparoscopic Ovarian Cystectomy	5	30	30	0	5	5
Robotic-assisted TLH	20	30	30	20	12	12
Salpingoophorectomy	5	30	30	20	12	12
Total Abdominal Hysterectomy (TAH)	20	30	30	30	20	20
Total Laparoscopic Hysterectomy (TLH)	20	30	30	30	12	12
Total Vaginal Hysterectomy (TVH)	20	30	30	20	12	12
Transvaginal or Transobturator Taping (TVT, TOT)	10	30	30	20	12	12
Tubal Ligation via salpingectomy	5	30	30	20	12	12
Tubal Ligation via Filshie clips	5	30	30	20	5	5

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Prepared by: Nicholas Andrews MD, Ashley Jaramillo-Huff MD

Approval: _____
Chair, Department of Obstetrics & Gynecology

_____ Date

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