

OBGYN Computer Safety

Malware: Software intended to damage a computer, computer system, or computer network, or to take partial control over its operation. This includes Viruses, Trojan Horses, Worms, Spyware, etc.

What malware can do here:

- Allow others to access your computer and steal files (patient records)
- Distribute malware to other computers from your computer
- Steal your user account names and passwords
- Create problems with your computer causing it to run slowly or not at all

Current protection against malware:

- McAfee Anti-Virus/Anti-Spyware (automatic updates)
- Frequent Windows updates (usually automatically updated)
- Other third-party application updates (usually manually updated)
- Firewall - Stops most incoming threats
- Intrusion Detection System – lets the network people know of found threats to the network

What you can do:

- Be very careful with attachments and links sent within emails. Even trusted senders can have their computers compromised and distribute malware through email without knowing
- Don't use GroupWise for personal email
- If you get spam, right-click the message, select "Forward as attachment", send it to spamdrop@unm.edu
- Keep internet browsing to trusted sites, even then, be careful about what you're clicking on
- Stay off of social networking sites such as Facebook on work computers
- Don't trust pop-up messages and advertisements. Close them using Alt+F4
- Report any suspicious activity (consistent advertisement pop-ups, shutdowns, etc.)
- Never share your password with anybody
- Lock your computer when you step away from your desk. Windows button + L
- Shutdown your computer when you leave
- Save your work to the H: and O: drives. Don't trust your computer hard drive!

Remember:

- There isn't a penalty for getting a virus
- If you do get a virus, we will have to re-image your computer. Saving work to your H: drive will make for a faster return of your computer
- People are constantly trying to steal confidential data, taking computer safety measures is what keeps sensitive data out of the wrong hands